



PPP Day

Cultivating sustainable community

RCHK WORLD

TO SEEK TO STRIVE TO SERVE

Dear RCHK Family,

I'm delighted to share with you the latest edition of RCHK World featuring stories and photographs of our students making a difference in the world by focusing their efforts in the community. The hugely successful "PPP Day" was an example of our primary and secondary sustainability teams creating an opportunity for all of us to be aware of plastic and paper rubbish and to use renewable resources instead. One of the goals of this activity was to demonstrate that wasteful behavior can be changed with small steps. What can you do today to help develop a clean, renewable and sustainable present and future?

There are also annual events included in the following pages such as Book Week and Career Evening because they add to the essential development of student literacy and presentation skills across the year groups. The sheer joy and enthusiasm around Book Week and Career Evening was contagious!

RCHK students repeatedly demonstrate their academic acumen and athletic prowess in competitive arenas here in Hong Kong and abroad. Our student artists are just as successful and equally inspiring as you will see. Guest artists such as Luke Grey and Alex Croft shared their expertise and motivated many aspiring painters and drawers. Our own Chef John from Chartwells volunteered his time to lead an after school sculpting activity which fired the imaginations of many young Michelangelo's!

Thank you all for your continued support of the teaching and learning at RCHK.

Sincerely yours,

Dr. Harry Brown
Principal




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Brian & Clarisa Huang

Year 11



Clarisa Huang and Bryan Huang were finalists (one of the top 4 teams out of 50) at the 2016 Hong Kong British Parliamentary Debating Championships held at the University of Hong Kong from February 12-14th. Clarisa placed 2nd overall, and Bryan placed 16th (out of 100 contestants). Congratulations Clarisa and Bryan!

Hadi Tsang

Year 1



Hadi wowed the judges at the recent Hong Kong Schools Speech Festival (Chinese Speech). He came in first place in Solo Verse Speaking and was awarded a pennant at the end of the competition.

Sophia Rose Garrett

Year 2



Despite fierce competition and back-to-back matches, Sophia won second prize in the 2015 Hong Kong Yan Oi Tong Taekwondo competition. It was Sophia's first ever-sparring competition! Well done Sophia.

Audrey Lau

Year 6



Audrey who is passionate about reading and writing since she was little has just published her second book "Bling is Not my Thing". Audrey's first book "Down the Rabbit Hole" was sold at last year's RCHK book fair, and all the proceeds was donated to Special Projects at Renaissance College (SP@RC). Similar to last year, Audrey wishes to donate the net proceeds of her second book to SP@RC. She hopes that her two books will inspire others and encourage students to read more and write their own stories.

Meanwhile, Audrey also enjoys the after school debate class which enhances her analysis and leadership skills. It helps her to be a good Ming House Captain.

At the beginning of 2016, she was also awarded as "Most Promising Illustrator" in 2015 Kids4Kids Writing for a Cause Competition and admitted into HKAGE (Hong Kong Academy for Gifted Education) as a student member.

Angus Lee

Year 6



In January 2016, Angus performed his original composition "Toys Carnival" by electone at the Yamaha Junior Original Concert. He was also selected to perform his three-minute original composition at Yamaha Junior Original Highlight Concert in April 2016.

Angus also successfully passed his ABRSM Grade 5 Theory of Music with Distinction, and attained the Merit Award in the 68th Hong Kong Schools Music Festival (Grade 6 Piano Solo). Congratulations and keep up your good work, Angus.

Primary & Secondary Chess Club



Renaissance College International Chess Club founded by a group of passionate parent volunteers is making waves in the local chess scene. The club, which comprised both Primary and Secondary students has been participating in various prestigious chess competitions, namely the 2016 Hong Kong Inter-School Team Chess Championships and ISF Academy Chess competition, and has won multiple medals and trophies. Many congratulations and well done to all the RCHK chess club members.

"Renaissance College definitely had a good start in chess this year. We played two different tournaments on two consecutive weekends in February, winning 12 games in total after 14 rounds, which is definitely an amazing result! I am looking forward to the upcoming tournaments."

Daniel Miu (Year 9)

Teresa Lau

Year 4



Teresa's commitment and passion for playing the piano placed her second place in Grade 4 Piano Solo in this year's Hong Kong Schools Music Festival.

Natalie Chan

Year 3



Adjudicator applauded Natalie's performance at the Hong Kong Schools Music Festival, where she played Waltz in C by H Wohlfahrt and won first place in Graded Piano Solo-Grade one.

Jonathan Leung

Year 12



Congratulations to Jonathan, who has been accepted at the prestigious Hochschule fur Musik, one of the best music conservatories in the world to continue his study and his passion for music. We wish him all the very best.

RCHK 1694 Scout Group - Welcome to the open world of why-nots

Getting OUT with the Scouts

I have just returned from our latest scout camp; my weekend was spent with thirty scouts, many doing this type of camp for the very first time, while others are gunning for their chief scout award (the highest award of their scout career). We all got wet, cold, hungry, and tired, but everybody enjoyed the camp, and they've requested we do another.

I'm Andy Peat, the group scout leader of the 1694 Scout Group, based in RCHK. Our group was formed in 2009 by a few leaders, like myself, who couldn't tie a reef knot between us. We spent the summer together, learning what was required, and...

Jumping to today, we are over 100 members strong, with leaders having built a wealth of experience and scouting knowledge to bring to the group. I see myself lucky to have found a certain passion in scouting. There is always something to learn and, more importantly, something we can teach others.

We meet every Saturday, from 10am to 12pm. Some weeks you'll find us climbing to new heights over the vast countryside of Hong Kong. You won't believe how beautiful it gets.

You are certainly welcome to join us and discover what you're missing.

We have plenty of areas that need parents help - no matter what your experience

Or you can find out more

information from our website (www.rchkscouts.org).

Most of our leaders get quite passionate about scouting, after they've been involved for some time. Here are a few words from some of our leaders.

Peter Halliday (Scouter since 1955)

"Last year, 2015, marked my 60th year in Scouting and I cherish the memories. Indeed, I find it impossible to imagine what my life would have been without Scouting. We didn't have Grasshoppers in the 1950s, so I started in Cubs. The Dragon Scout Award was a Scouting career highlight for me and the certificate hangs proudly on the wall at my home. My first Scout Group as a Leader, in the 1970s, was, appropriately enough, the 1st Kowloon Group based at St. Andrew's Church in Nathan Road. Unfortunately, this Group is with us no more. It collapsed in the 1990s - long after I had moved on - through want of a succession plan. I have run many Groups over the years and No. 1 on my policy priorities has invariably been to have in place a solid Leader succession plan - including contingencies.

As many of you know, I retired, formally, from Scouting upon reaching the age of 65. It's a good and fair rule; Scouting is a young person's game. I still help out, informally. As Baden-Powell said: "Once a Scout, always a Scout."

I appeal to all who read this. Scouting is a thrilling, life-building (perhaps balancing?) activity which brings hope and joy into the lives of millions of young people, rich and poor. There are Scouts in Somalia - the poorest country in the world. Renaissance College Scouts is a premier Scout Group

and needs Leaders with passion, zeal and drive to take the Group forward into the 21st Century. Come aboard!"

Iris Fung (Scouter since 2009)

"Throughout all these years as a leader, Scouting has widened my perspective in life. Being a leader, it has provided a new experience to me with the necessary skills and knowledge in outdoor activities. It has also enriched my skills in leadership, co-operation and communication as well as making new friends.

Through scouting activities, not only have the children grown, we have also grown with them. We understand them more, through various activities, and we have become one of them and enjoyed the activities.

Scouting is FUN. Come and join us as Leaders and explore yourself!"

Alfred Chow (Scouter since 2013)

"I first joined RCHK Scouts three years ago because of my two kids. I wanted them to learn more scouting skills and be a more disciplined. After joining as a Cub leader, I found that there were lots of things for me to learn in order to equip myself to better teach them. So I started to enrol in different training courses. During these training courses (such as knotting, pioneering, first aid, etc.), I found that I was the one who benefitted the most. The most enjoyable thing to me as a scout leader is to see the cubs wanting to come back to scout meetings every week by themselves. As a parent, I'm also happy to witness their learning and growth in scouting. I'm sure if you join as a leader you will not only learn scouting skills but will grow together with the kids under scouting world."

Peter Chou (Scouter since 2013)

"Scouts are for the kids, or so I thought. It turns out I enjoy just as much as my kids do, if not more. For me, it is rewarding beyond expectation, in rediscovering myself, discovering nature, friendship and, building comradeship with kids. Regardless of the amount of time you can manage, scouting is an adventure everyone can embark on, there is always something for you. And the trail starts here!"

Beatrice Cheung (Scouter since 2009)

"From being a mother, to transforming myself to be a leader, and making my daughter see me as her leader as well as her mother, was not an easy task. She does not want me to embarrass her in front of the others, and I don't want her to take things for granted because her parents are leaders. I also have to make time to learn new skills to be able to teach her and the scouts.

Six years later and I've seen how my girl and her friends have changed. Most of them, from that little timid dependent, they blossom into confident leaders in their own right. They take the lead, guide and help the juniors during different scouting activities, with no less leadership ability than an adult leader.

As for me, from a Scout leader to being a Venture leader, I found that every time I witness their progress, I was actually growing with them, with my daughter. Being their leader not only benefited me to understand how to collaborate with the youth better, but it also filled the generation gap between me and my daughter. We have so much experience in common to share.

What experience will you have if you become a leader? You never know it until you actually become one."



RCHK iBoB Team

By Christin Topper - PYP LET Teacher

The International Battle of the Book (iBoB) is a book club founded by Bryant McEntire, who brought the idea over from North Carolina to Hong Kong in 2000. Since its conception, iBoB has become hugely successful and widely adapted by many international schools around the world. Last year, RCHK formed its very first iBoB team for lower primary students from Years 1 to 3. Students who are passionate about reading were nominated by classroom teachers to join the iBoB team. Although small, the team met regularly to read and discuss books that were chosen for their high literary quality. Following the success from last year, iBoB was offered as an after school activity this year. By doing an open invitation to all students in Years 1 to 3, the team hopes to elevate the enthusiasm for reading in the school community.

RCHK proudly presents the 2015 - 2016 iBoB team



The school is very lucky to have iBoBers from last year participating again this year. They were made team captains to mentor the new members and initiate them into the battle rules.

When asked about their experiences in iBoB, these are what the teams have to say

Q: Why do you want to join iBoB?

A: "I love reading"
 "I like buddy reading with my friends"
 "I am a bookworm. I read everywhere whenever I can. My teachers told me stop walking and reading, but I can't stop"
 "I want to challenge myself and read more books"

Q: What do you like about iBoB?

A: "The books"
 "Doing book battles"
 "Sharing good books together"
 "I get to find out what other children are reading and recommend my favorite books"

Q: How do you feel about doing book battle?

A: "It can be scary because sometimes you forget the answer but it is ok"
 "I love it, especially when we win"
 "Excited!!! Some of the questions are tricky so you have to think really hard"
 "I like that it is in a group so if you don't know the answer, somebody else in your group may know"

Q: As iBoBers, what do you want to tell the world/your friends?

A: "Keep reading until you find the book you love"
 "Reading is fun. You get to learn new things and see what other people do in different parts of the world"
 "I am a bookworm and I am proud of it"
 "Readers are winners"

For those of you who love reading out there, come and join iBoB next year!



Career Evening

By Lunia Georgiana Dinu - Year 11

Designers, accountants, managers, musicians and journalists, the RCHK Career Evening had it all! On the 15th of October our school held the first ever career evening where professionals from a variety of career paths came to talk to students. These professionals offered both valuable advice about their specific industries and insights to how it works and what it takes to "make it" in the world of work.

The event was created with the goal to help students learn more about their respective career choices and help aid them in figuring out how to find a good mix between passion and work. This was sustained through

various panels categorised by different industries and their popularity. The panels were:

1. Finance, Banking and Accounting
2. Medical, Legal and Engineering
3. Creative industries
4. Mixed industries

With both jokes and questions flying around from students, parents and guests the panels were deemed a success. Students and parents from all year levels attended these panels and were open to opinions and advice, a joy to everyone.

The event was organised by Ms. Wilma Shen and run by students in Year 11. By surveying the student body about what career options are the most popular and most sought after in our school, Ms. Shen was

able to invite the best guests to accommodate students.

Overall it was an amazing evening that will hopefully continue year after year to provide helpful information in a fun and relaxed manner. The team hopes to see you all next year!



Expressfest 2016

By Merry Hamilton, Primary Visual Arts Teacher

During Expressfest all of the Year 3 and 4 students took part in an exciting visual arts workshop inspired by the work of artist, Antony Gormley, who recently visited Hong Kong. Taking inspiration from his series "Field" students created small clay figures created from a piece of clay. The figures can be held in the palm of the maker and have no features other than eyes made from poking in a pencil, which give the figures life. The work explores the idea of community and how as individuals

we contribute and benefit from being part of that. The students enjoyed working with clay and created any number of figures they could in the 80 minutes rotation. Teachers and other members of our community also came along to create their own representations and after two days more than 500 clay figures were made. The installation will make its debut at the College Wide Art Exhibition and then installed somewhere within the school to represent our community. Well done girls and boys for another successful and fun Expressfest.



Life Drawing With Gail Deayton

By Daniel Ling, Year 12

The Year 12 Visual Arts students took part in the hands-on art workshop with Gail Deayton. The workshop primarily focused on human forms, students were required to sketch out the model under various conditions. These include the different usage of materials such as paint, soft pastels, oil pastels, clay, turpentine, charcoal, pens, pencils and many more. It was an intensive, yet extensive experience that was out of the comfort zones for many art students.

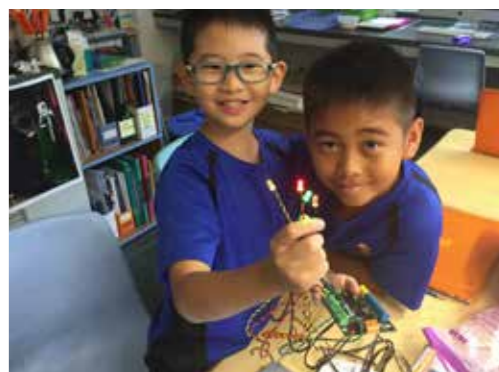
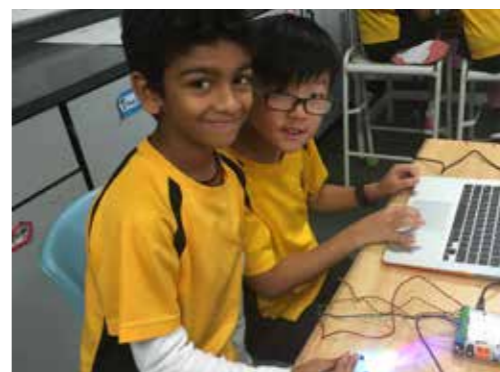
of experiencing different methods of creating their pieces, enhancing and becoming more confident with their skills. Deayton challenged and pushed the artists by giving them artistic challenges; to create observational sketches under a time limit, to use different types of materials in the artwork, or both.

"It took a bit of getting used to at first but then, to actually have a real life model to model for me helped me a lot when it comes to shading and proportions." - Megan Tan, Year 12

"It was an interesting experience. I had the opportunity to learn various techniques and medias that I never thought of even using. Her way of

incorporating natural materials such as clay and charcoal into artworks was something different, so this was very eye opening. I felt this workshop overall helped me develop my skills and techniques and I really do hope I can get another chance to learn from Gail again!" - Mai Sato, Y12

To the public's eye, art is understood as a form of expression that calms the mind. But what many may not know would be the amount of both physical and mental efforts thrown into the creation of the art pieces. Deayton's workshops have proven the Year 12 Visual Arts students on just how challenging yet enjoyable art can be.



The Art of Science, an exploration

By Mrs. Psillides and Justin Tan (5TH)

For nine weeks the Year 5 Art lessons and homeroom classes were connected through their Unit of Inquiry and Central Idea: "Exploration leads to discovery and develops new understanding." The students and teachers focused on exploration and particularly on self-exploration. Within the art room we were looking at being art explorers and learning about kinetic sculptures and the Hummingbird Robotics.

The unit began with an exploration into different types of sculptures including kinetic sculpture (sculptures that move). Students studied the artwork of Anthony Howe and Theo Jansen amongst others. They looked at the most common geometric shapes found in Kinetic sculptures. Then for two weeks they explored the Hummingbird Robotics kits and learnt the importance of wiring the kits correctly, good naming protocol as well as learning how to create and programme simple sequences of LEDs and Motors.

From this point forward the students were asked to make their own choices about the groups they worked in and the type of sculpture and materials needed. The students created and built their sculptures for 3 weeks. During this time they worked collaboratively, solved problems and and created a variety of sculptures that moved on their own.

The unit was a huge success and enjoyed by all. I am looking forward to continuing to work more with the HummingBird Robotics kits in art next year but in the meantime here is some advice from Justin Tan, 5TH.

"HummingBird is a type of Robotic Technology. This HummingBird Technology can make anything move by following what you programme on the computer. When you are making a sculpture with HummingBird it's very complicated especially when popping the wires in and taking them out of the HummingBird Duo board.

When you're going to make your sculpture with a HummingBird Kit, it's best to have a partner helping you because when you're having trouble

they can help you and you can work together.

Before you start a HummingBird Sculpture it's best to make a plan with your partner. Firstly, for the roles you will take because when you have roles you will work faster. Secondly discuss with your partner about what you are going to make because if you have different ideas then you can add them together or sometimes you have to compromise.

You and your partner will need to have a good relationship so that if you work well together and know each other you will work faster and have less arguments.

Finally, you need to take care of your materials so that you can reuse them to make other things. Also, be responsible for all of your equipment only use the items you need for your sculpture."

To see a reflection on the unit by the Year 5 students please scan the QR Code below.



Creative Arts Day

By Angel Lee and Tracy Law, Year 10

The first of March was 'Creative Arts' day for Year 10 students to take their mind off from the stressful work. Year 10 students were separated in two groups and were taught to express their thoughts and feelings through Visual Arts and we were honored to have our guest artists, Ms. Victoria Leigh and Ms. Elaine May to teach us the basic concepts on ink painting and abstract sculpting.

Throughout the day, students who worked with ink experimented different ways to create beautiful

patterns using the ink, bleach, masking fluid, salt and more. With just the medias and the lovely teaching from Ms. Leigh, students created exuberant patterns using different colors. Students learned three new techniques and were amazed by how a change of media can create new and interesting work.

For the class who did abstract sculpting, students were taught how to make three-dimensional abstract art using clay. At the start of the day, Ms. May taught students how to roll the clay out into equal, perfect, rectangular slabs and into coils, so that the construction of our

sculptures will be stable. She also gave students tips on how to handle the clay as they went on trying it themselves. The students learned what they would use for the base of their sculptures and how to start assembling the clay coils and joining them together to make sculptures.

Overall, even though there were some challenges and complications throughout the day, everyone ended up with a beautiful and creative work. It was an outstanding and delightful day especially for students who were new to ink and sculpting and we look forward to learning more from different artists in the future.

Model Making with John the Chef

By John Siu, Head Chef (Chartwells)

Thank you RCHK for setting up the Sculpture Club at the school, which offered both the students and myself a platform to share our passion and artwork. Students from Years 6 to 9 joined this weekly after school activity for an hour since December 2015, to experience and explore the art of sculpture.

In the past 10 weeks, students designed and created their unique and amazing sculptures, full of imagination and creativity. During the classes, students were very keen to learn new sculptural skills and were patient to deal with different kinds of challenges that they faced during the process.

Art is not only for fun, but is also a channel to express our emotion and give us some room to relax. The Sculpture Club is just a start for the students to experience their art life. I hope they will continue to explore more sculpture in the future, and let art enrich their lives.

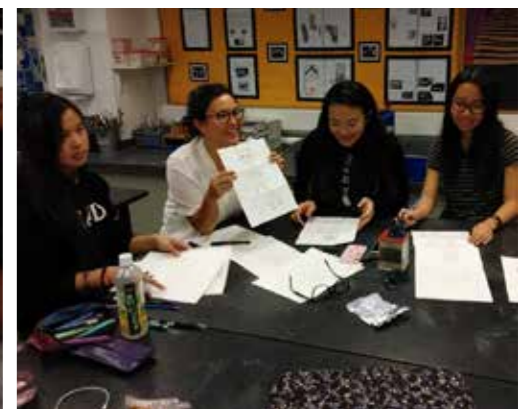


Visiting Artist - Luke Gray

By Nicole Ma, Year 11

As visual art scholars, we were given the opportunity to work with Luke Gray, a surrealist illustrator who tirelessly painted the Performing Arts mural at the black box theatre. During our session with Gray, we developed our creativity and drawing skills through activities such as drawing with our non-dominant hand and zen doodling. We also asked for

advice and tips on how to break into the art industry, and start our own businesses through the use of social media. Overall, the experience was invaluable and definitely helped develop our knowledge and encouraged us to experiment with new ideas and concepts. The College Wide Art Exhibition and then installed somewhere within the school to represent our community. Well done girls and boys for another successful and fun Expressfest.



Visiting Artist – Alex Croft

By Corey Sham, Year 10

In early February, the Visual Art Scholars had a great opportunity to spray paint on a school wall and work with the Hong Kong based graffiti artist, Alex Croft. The main concept of this project is based on patterns. On the first day of this project, we were asked to draft and think of any patterns that would go with the theme Alex

Croft planned, and to incorporate our ideas with his. There were no specific requirements on the type of patterns we were to design. Some scholars designed patterns based on geometrical shapes, some in marine life theme and some patterns in famous pop icon, Marilyn Monroe. On the second day of the project, we had the chance to learn about the basic concept of stencilling and how different layers of stencils can

allow us to use different colours to create highlights. Designs can also be something as simple as having different colours for the same pattern. Transferring our stencil designs on to the cardboard was definitely a challenge for all of us. However, we still had a stunning experience collaborating with Alex Croft and we look forward to learn from more experienced artists in the future.

‘Access Boards’ VA Scholar Exhibition

By Angie Wong, Year 12

RCHK Visual Art scholarship students were fortunate enough to take on a project by the ‘Access Boards’ charity. As scholars we were given second hand skateboards and asked to use them as canvas, which were exhibited in the JCCAC Art centre and the school. Through the showcase and the silent auction, our aim was to fund new skateboards for underprivileged youth and asylum seekers in Hong Kong.

This was our first experience with skateboards and all the VA scholars encountered numerous challenges and difficulties throughout the process. Given the restricted space and size, it was certainly more challenging to fully portray what we envisioned. The process of planning, sanding and painting took a lot more time than we originally thought. Masks were worn whilst sanding, scholars moaned about their sore muscles - it was tiring.

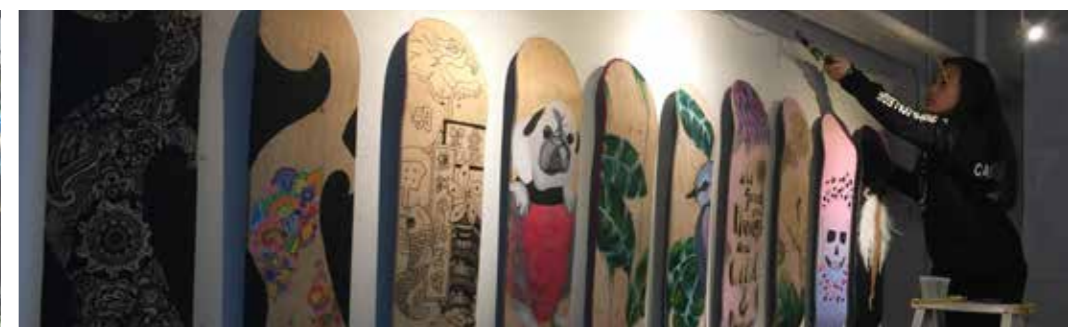
when all the skateboards were hung up on to the wall, altogether we stood there proud reflecting on all the effort we had put in, but most importantly when people came to admire our pieces.

Time quickly slipped by, as the exhibition came to an end and we raised over HKD 10,000 for ‘Access Boards’.

"Yes, we did it!"

But....

It was all worth it. The moment



PRIMARY GALLERY



SECONDARY GALLERY



Athletics Carnival

By Kate Nankivell - Athletic Director

The annual Secondary School Athletics Carnival was held on Thursday 25th February. The Athletics Carnival is one of the highlights of the school year both as a sports and a house event. It is a perfect opportunity for students and staff to embrace the house spirit of the RCHK community and at the same time, to witness the impressive athletic talent that we have at the College.

Everyone was in high spirits arriving to the Ma On Shan Sports Ground and this energy continued

throughout the entire day. The Cheerleading competition was once again a highlight with teams really upping their game in terms of the routines they put on. It was evident that a lot of time and effort had gone into perfecting these in the weeks leading up to the carnival. Well done to everyone who had a hand in this aspect of the 2015-16 Athletics Carnival.

The contest for overall House Champion was as always, hotly contested especially as Ming set about maintaining its dominance while Tang, Qing and Song all attempted to de-throne them!

In the end it was Song house that reigned victorious in 2016 by 151 points. Congratulations not only to Song House but to all students who did their part for their house on the day. A special thank you must go to the RCHK Secondary faculty for their hard work and for helping to make the day a huge success.

Final Results:

1st – Song 2258

2nd – Ming 2107

3rd – Qing 1909

4th – Tang 1834



Primary Basketball Tournament

By Sandra Gordon – PYP PE Teacher

On Friday the 26th of February RCHK hosted the Primary Mixed Basketball tournament. 12 teams from Hong Kong took part in the competition, including two RCHK teams.

Against fierce and often taller opposition, both teams performed superbly displaying courage, teamwork, and skills. In the semifinals RCHK A ended up playing against RCHK B. RCHK B lost and faced Harrow in the 3rd/4th play-off.

In a tough match RCHK B lost and ended up coming 4th overall.

RCHK A played against Kowloon Junior School in the finals. It was an incredibly tense game and after being down in the first half the team stepped up and showed some amazing skills and teamwork.

RCHK A ended up winning the competition for the third year in a row, which is an amazing achievement. A big thanks to everybody involved in making this tournament a success.



Primary Sports Day 2016



Secondary Sports Day 2016



ACAMIS SWIMMING 2016

By Kate Nankivell - Athletic Director

On March 18-19, the RCHK Black Kites Swimming team travelled to Suzhou to compete in the 2016 ACAMIS Swimming competition hosted by Suzhou Singapore International School and Dulwich College, Suzhou. This year the team comprised 23 swimmers ranging from 10-15 years old.

Across the two days, the Black Kites swimmers achieved some outstanding individual and team results not least of which was our 6th place overall in the team competition against some very talented swimmers and much larger sized teams.

Of particular note for the Black Kites was the overall age group podium

place getters including;
Jessica Cheng: equal 1st in the Girls 9-10 years
Ronny Lo: 3rd place in the Boys 9-10 years
Phoebe Mak: 2nd in the Girls 11-12 years
Cody Chan: 3rd in the Boys 15+ years

In addition to these I would like to acknowledge all of the swimmers who achieved PB's (Personal Bests). So too the Girls 11-12 age group who were extremely competitive across the weekend in particular strong performances by Phoebe Mak, Mia Rice and Martina Fraschetti. Geoffrey Ng in the 13-14 Boys division also performed well swimming many impressive PB's and proving that hard work and perseverance pays off.

Well done to all 23 members of the team including the 8 members of

REAP (the Renaissance Emerging Athletes Programme) which identifies and offers opportunities to Primary students with aptitude to be extended and compete with our Secondary team.

Finally, I would like to extend my gratitude to Mr. Molnar and Mr. Yim who accompanied the team and me to Suzhou. See you all same time, same place in 2017!

Touch Rugby Tournament

By Mike Hogg/Scott Holland – PYP Teacher

On 18th of February, Renaissance College competed at the annual Touch Rugby tournament at the Kings Park. There were two teams, a boys team and a girls team.

The boys began with some challenging games against Australian International School and Kennedy School, both teams lost 3 - 0 and

6 - 0 respectively. Following these defeats, the boys then went on to be unbeaten, beating Japanese International School 3 - 2, Nord Anglia 3 - 1, Kowloon Junior 1 - 0, and Quarry Bay 2 - 1 in the plate final.

For many of the girls it was their first experience of playing in a Touch Rugby tournament. They drew their first match 1 - 1 with Discovery College, before losing to Clearwater Bay and Kennedy School. In the plate quarterfinal they drew with DBIS 1 - 1 at full time. In this situation the

teams had to drop off players. It ended with only 3 students against 3. In a dramatic finish the girls narrowly lost.

Both teams played in great spirits, and demonstrated the learner profile throughout the tournament.



PPP Day @ RCHK - A journey towards sustainable future

By Sustainability Club

On Friday 26th of February, the whole RCHK school community was involved in a campaign that promoted sustainability. The day was specifically chosen because it was the ESF school wide sustainability day, and RCHK students wanted to take part in it. This day also closely aligned with the final sentence in our school mission statement, which reads as follows: *RCHK strives to build a culture that promotes peace and democracy, values diversity and works towards a sustainable future for all.*

What does actually PPP stand for?

P stands for plastic utensils
P stands for paper cups and dishes
P stands for plastic packaging

Why did the campaign start?

At the beginning of the year, the Primary Sustainability Club began discussions about how we could improve our school. The issue of too much waste was a repeated theme, so students decided to make this a focus for the club. We already knew that there had been successful sustainable initiatives implemented in our school; mugs in a cupboard for older students and adults to use when buying hot drinks, water spouts fitted on water fountains, no more bottled water for sale, stocks of recycled paper used in hubs and recycle bins around the whole school. Positive sustainable habits were beginning to take shape, but a boost was needed.

Was there any research about our school being more sustainable?

After meeting with the PYP Coordinator, Mr. Doucette,

students followed his advice and began by making informal observations about what was happening in our school. Students wondered why people were using plastic salad bowls rather than plates, why people were using plastic cutlery, and why weren't people using the mugs from the store cupboard much anymore. We started doing surveys during lunchtimes and asked questions to find out. We found out some interesting information from people:

- "The mugs aren't clean enough."
- "There aren't any metal knives or forks."
- "But I was given this bowl when I paid for a salad."
- Students asked, "Why is this happening? What can we do?"

Collaborating with Chartwells, our food suppliers, and our business manager; sharing questions and suggestions

It was time to get our thinking hats on and consider how we could resolve some of these issues our school was facing. Students brainstormed suggestions for possible solutions and then invited Jennifer from Chartwells and Mr. Hureau, the school business manager, to come and listen to our suggestions. We also needed to hear things from Chartwells' perspective, to see how we could work with them on this campaign. Each day, staff at Chartwells have to be ready to supply a variety of food and drinks to the school community. They want to be more sustainable, but they shared issues that they are facing, too, such as metal cutlery going missing. After taking note of comments from our students, the support from both Chartwells and our business manager went beyond our expectations. We were amazed when they not only supported the

idea to have PPP Day, but also had considered changing the way they could serve food on PPP Day. They had an alternative to using paper dishes to serve food such as wonton or satay...they would use cabbage leaves instead!

What could be changed?

Students did a stock take of the non-reusable things that are used in our school on a regular basis and noted the following items:

- >smoothie cups with lids and straws
- >paper cups and plastic lids for hot drinks and soup
- >packaging for sandwiches
- >bowls for satay and wonton
- >plastic salad bowls
- >paper plates for pizza

Students decided the community could try to have a day without using these items, and the PPP Day campaign began to take shape.

And so we began...

The campaign began with simple posters around the school, 'PPP Day...are you ready?' we thought this would get the RCHK community asking questions about what PPP Day meant. This was our major game plan, get people asking and wondering. The next step would be to make everyone aware of what to expect. By using advocacy, announcements and information was given through the student bulletin, the RCHK website and the primary blog. To make sure everyone knew about our campaign we sent out an email to all parents as well. We made announcements in assemblies for primary and secondary students, informed teachers at the staff briefing on Friday morning, and made a plea for parents to support the initiative at one of the RAPT coffee mornings. Ms. Ventura helped design a PPP Day poster by following the principles of good design; the poster was clear,





concise, bold, and simple, so everyone including 1 students would understand its message. Posters were placed around the school in prominent places where they would be noticed. Our Year 1 students visited every class in the primary school to play a memory game based around the paper and plastic products that would not be available on PPP Day. The message was out.

Our message to the RCHK community:

Part of the message we gave out in primary assembly and at the Friday morning briefing: "PPP Day is on Friday, the 26th of February. On that day there will be no paper cups, no paper plates, no plastic containers and no plastic utensils. For teachers and staff, please remember to bring your own mug if you want coffee at the cafe, as there will be no paper cups available. For students, if you want hot chocolate or any other drink, this will be put it into your water bottle so please remember to bring it!"

"Please, please support this event and make PPP Day a success! Who knows, this could lead to bigger and better things for RCHK."

Collaborating effectively with the RCHK community.

Students collaborated with many people whilst preparing for PPP Day as it needed to effectively communicated if it was to be a success; Mr. Doucette, Jennifer from Chartwells, Mr. Hureau, teachers, staff at Chartwells, students from the Secondary Sustainability Club and parents. After the Secondary Sustainability Club was invited to help us in this campaign, suddenly the number of students involved increased three times. The secondary students not only promoted the campaign in secondary

How did the day go?

On PPP Day, students from both Sustainability Clubs and volunteers arrived at school before 8am. They helped Chartwells to serve food, and reminded everyone in our community to use their own utensils and containers during break and lunch. Students handed out mugs to everyone who wanted drinks from the café. They also went around the school collecting mugs, cups, plates and utensils, and returned them to the kitchen where they were washed up and ready to be used again. Tallies were kept to record how many non-reusable items were saved on the day.

What next?

A survey has been sent out to get feedback from students and staff about the day itself but also to find out what the community feels about being more sustainable. A film has been created with footage and interviews from PPP Day and this will be shared with our community and other ESF schools. In the near future we would like to create a website that is open for everyone to visit and find out more information about sustainability projects in our school, other schools and around Hong Kong.

Thank you to everyone in the RCHK community who supported this campaign! Watch out for future announcements and initiatives from the Sustainability Clubs @ RCHK.

This is the beginning of our journey to make RCHK a more sustainable place.



Paper cups	Plastic cups/straws	Plastic bowls	Cardboard boxes	Plastic cutlery	Small paper dish	Sandwich boxes
136	82	77	85	72	156	45

Primary Sustainability Club members:

Hubert Leong (6CV), Bernice Pun (6MH), Jade Jopling (6CV), Jasmine Dunn (6CV), Kai Li Beilin (6TW), Hitanshi Jain (6MH), Anna Desfretier (6CV) and Kiki Tsang (6MH)

Secondary Sustainability Club members:

Jago Pang (11.4), Jamie Chan (11.1), Joshua Ng (13.3), Taylor Chung (8.5), Melory So (12.1), Sarika Mahubani (12.4) and Ike Jin Park (13.1)

Supervising Teachers:

Ms. Helen Morris and Ms. Concettina Ventura

International Schools Choral Music Society - Zhuhai Festival

By William Goldring – Music Teacher

Seven students from Year 7 to Year 11 took the short ferry ride across to Zhuhai to participate in the 9th annual ISCMS Festival. Some students sang in the choir (comprising over 200 students in total!) while others played in the orchestra (over 100 instrumentalists). Two of our students were also chosen to sing solos - Misha Mah in the Gala concert with the full orchestra and choir backing her, and Lunia Dina with the big band in the Jazz Band concert. The students enjoyed a fantastic four days of learning and collaborating with students from all across the South East Asia region.

For Misha, this was her third year in a row attending the festival. Here are some of her thoughts:

“At its core, ISCMS has always been about bringing students who enjoy performing and creating music together. The festival has given students from different countries and backgrounds the opportunity to perform classical pieces in a full choir and orchestra - an experience that may not always be accessible to schools otherwise. The past three years of ISCMS shows how the festival has grown larger every year, both in terms of the number of participants and the grandeur of the culminating gala event. Through ISCMS, students gain experience in performing as part of an ensemble through the guidance of amazing practitioners and professional musicians.

Besides the choir and orchestra, ISCMS has also included the Big Band led by Mike Vax, an esteemed musician in his own right. The ISCMS Big Band also gives students the opportunity to perform more modern music in a professional setting, alongside musicians who share the same talent and passion as they do. The social aspect of the festival is also notable - through the 5 day event, we get to meet students from all around the world and gain life-long friendships. As a whole, ISCMS has truly been a unique and musically educational experience for both students and teachers.”

Misha Mah - Year 11

Primary Pop Choir

By Jane Douglas - Primary Music Teacher

On 1st of March 2016, Both the Primary Pop Junior (Years 3 and 4) and Pop Senior (Years 5 and 6) Choir gave a lunchtime performance on the quiet rooftop of the primary school. A collaborative approach was undertaken with Miss Jane where students voted to sing their favourite pop songs. Some students also took on extra responsibilities such as performing a lead part, giving out flyers to promote the concert or helping to create simple dance moves for each song. Singing pop can have present its fair share of challenges. For instance, songs can be more challenging to pitch and more suited to an adult voice, also lyrics often need to be modified and interpreted differently. However,

the on-going weekly rehearsals enabled each choir to work fully upon their performance technique. The aspects of cooperation, perseverance, adaptability and commitment were vital skills for each student to take on board.

Students were encouraged to be risk-takers by participating in an outdoor environment. As the quiet rooftop (primary school) is a place where students come to relax, to play chess and eat their lunch, to share and chat with their friends. It seemed to be the perfect environment for them to perform in an atmosphere that was intimate and personal. In addition to this, Mr. Niermeier’s Band performed in the PAC Theatre on Wednesday 2nd March, giving an outstanding show, which included the Band of 40. Students displayed a high level of teamwork in rehearsals and performance.

We’d like to give special thanks to our wonderful sound technicians, the Blue Team, all administration staff, teachers and parents who supported us in our rehearsals and for our final performance!



PERFORMING ARTS
GALLERY



Band of 40



Agnes Lee

Class of 2015

I'm currently studying at Savannah College of Art and Design HK (SCAD) pursuing a BA in Visual Communication. After sitting my IB final exams, I thought that it would be 'happily ever after' for me. I thought that I'd been through the toughest part of my school life, so studying in an art school will be a piece of cake. But when I started going to SCAD, there was no fairy tale ending for me. It actually was a big transition. I was battling with adapting to a new school environment, and always found myself comparing RCHK and SCAD. In RCHK, the art students are lucky enough to have all art materials ordered for us. However at SCAD, students are required to buy their own supplies and they are extremely



expensive. I still remember spending all of my money - \$500 - on the first day of school just for 5 small tubes of acrylic paint and a sketchbook!

Toward the end of the fall quarter I was starting to get used to the new environment and the workload at SCAD. I've also been working as an intern with the Hong Kong Art Gallery Association and now currently at Art Central. As a university student there isn't much homework, but there is much more exams and assignments. Once I even thought "mid term" was

a one week holiday we used to have in RCHK known as "mid-term break", and soon I realized it was actually exam week.

Studying the IB curriculum has definitely helped me in terms of time management and my presentation skills. Many of my classmates complain about the workload given for art history class, but for me I feel like it is comparable with Biology and Psychology HL.

After 5 months at SCAD HK, I can finally say I'm starting to enjoy myself, as now I can choose courses that I'm interested in, instead of just taking compulsory foundation courses. Also, I am excited because I will be transferring to the Savannah campus in the States this coming December.

British universities. I currently chair a student society called "e.quinox", in which we develop products and business models for electrifying parts of Rwanda that is not grid connected. We go to Rwanda every summer to maintain and implement projects, as well as to conduct research. To date, our society resulted in two spin off companies specialized in rural electrification and we are still looking to expand in new areas.

My closing remarks would be to say that we are lucky. We are lucky to be born in the first world and given the chance to pursue higher education. Whatever you choose to pursue in a few years time, pursue it with a true passion and you will enjoy every second of it.

Desmond Chung

Class of 2013

Hello RCHK! I am currently in my third year of Aeronautical Engineering at Imperial College London. No, I am not involved in building planes directly, nor do I learn to pilot planes. My course is primarily about the design of aircraft, spacecraft and everything in between. In general, my course is split into four parts: aerodynamics, the structural aspect, systems/control, and computer aided design/manufacturing (CAD/CAM). Compared to other courses, mine is quite theoretical, given the complex and large-scale nature of aerospace project. However, I did undertake interesting design projects during my years here, such as designing and 3D printing a wind turbine and a jump-gliding robot.



Imperial is an awesome place if you are a bit geeky (in a good way, like Mr. Hogan), as well as highly passionate about science and making things work. People don't huddle together reciting pi while having lunch, but we are all highly passionate about things we like and believe in. A testament to this would be the vibrant startup culture and the vast amount of societies we have. In fact, we have the most student societies among all the

Benny Lam

RCHK Class 2013

I graduated from RCHK in 2013 and have been continuing my studies at The Chinese University of Hong Kong, pursuing my passion, which is nursing. It's been 3 years in the course now, and it's still funny to see how people are so shocked when they hear about me studying nursing, especially when I'm 6 ft tall & 80kg, but I quite enjoy it.

Studying Nursing at CUHK is definitely not easy, but for sure, there's a real sense of accomplishment & fulfillment. Being one of the best nursing courses in Asia Pacific, the workload is quite high and intense. Midterms, finals, lab sessions, lab exams, clinical practices, clinical exams, researches & conferences - you name it, we do it. However, when

Lea Choy

Class of 2012

I am currently a Year One Bachelor of Nursing student at the Open University Hong Kong. Upon graduating from RCHK in 2012, I studied a higher diploma course of enrolled nurse in a private hospital. Becoming a nurse was a career that I wanted to pursue since I was very young and those two years of study were certainly a very remarkable experience. I learned so much during my time there. Although I completed the course, I was not able to obtain my nursing license, so I decided to apply again for nursing schools in 2015.



you love it, it's worth it. In CUHK, we stress the importance of holistic care, which means caring for our patients' whole being: body, mind, & soul.

Another interesting aspect of my B. Nursing course for sure is the clinical practicum. Before my registration with the Nursing Council, we are required to obtain 1400hrs of clinical practice. In the ward, although we only hold the title of "Student Nurse", we already have to do all the regular duties of a nurse, including bathing, diaper changing, bed sheet changing, injections, documentations, administer of medication and more. It is not only physically demanding, but



During my gap year, I worked at a specialty clinic and continued to learn and practice my skills there. Apart from working, I also continued doing voluntary first aid service on the weekends, so that also kept my skills going and it is always something I find joy in.

mentally challenging as well; imagine being on constant high alert for 8 hours straight. Still, I have no regrets in choosing to become a nurse. When you see a patient's condition improving due to your care, from not being able to open their mouth to being able to eat independently, the smile on their face and the thankfulness that they express to me gives me such a sense of satisfaction.

What's my plan for the future, you ask? That is a very good question! Currently, I am assisting my professors in some cancer research, but I am also planning to advance my studies in Australia for emergency medicine, as well as aiming to become a Flight Nurse one day. I have big dreams, and RCHK helped me to achieve a lot of them already, so I would like to end by saying huge thanks to everyone at RC for nurturing me and providing me with such a fantastic place for my IB studies.

After sending many applications to study nursing again and attending interviews, I was only put on waiting lists. Just when I was about to lose hope, Open University Hong Kong accepted me in Sept. 2015. I was overjoyed, and am more than happy and thankful for this chance to continue to pursue my dream career! I just want to thank everyone who supported me during this year, especially my family. Without them, I would not have made it through. I will work hard and enjoy the following five years of study and I aim to be a very successful nurse in the future!

Kathleen Magramo

Class of 2015

I thought I had it all sorted." That's what I thought when I originally received the news that I didn't make the cut for my intended offer to read law at CUHK. Dismayed, I accepted reality and enrolled in the Faculty in Social Sciences at The University of Hong Kong. And what a wonderful journey it has been so far.

One of the most memorable experiences I've had so far at HKU is the Induction Seminar held by my faculty during the first week of classes. We had passionate experts in the fields of psychology, geography, politics, social work and sociology transcending their warmest welcome for the future of the agents of social change -Us. Me!

The excitement does not stop there. The freedom to mix and

Kuki Charri

Class of 2013

I graduated from RCHK in 2013! For most of you reading this, 2013 must seem like AGES ago, but for me, it seems like it was only yesterday! If you do remember me from school, you would most likely remember me as a hyperactive guy with an afro (which is clearly missing from this picture). I was Song house captain for 2 years, and also took part in a lot of school events like the volleyball team and peer counseling ☺

Today, I study Computer Science at The Hong Kong University of Science and Technology, and am only one year away from



match your intended majors and minors in first year truly broadened my horizons in the field of psychology and deepened my affinity for literature. In my current academic plan to pursue psychology as my major, I have developed the determination to learn statistical quantitative methods for experimental psychology independently - this has become a personal breakthrough for me because I used to really dislike maths.

Apart from my academic exploration, my social life has also



graduating! When I started university, I had no idea what I was doing, let alone what I wanted to do in life, but as a university student, I've learnt a lot about myself and what I want to do in the future. University for me is like an extension of high school, the only difference being that I am granted a lot more freedom to make my own decisions. I really have to think deeply about what

been vibrant. Although I don't live in a hall (dorm), I've made friends from different ethnicities and faculties through networking events. Plus, there are so many hipster cafes and restaurants around campus to hold a chill yet productive meeting with new acquaintances. Currently, I'm a member of AIESEC, which is an international youth organization aiming to create leaders with a solution oriented mindset through cross-cultural volunteering and internship experience. This organisation has become an integral part of the values that shape my work ethic because of the highly motivated members and alumni.

Sometimes, rejection is really just a blessing in disguise.

interests me so that I can pursue it in the future. Even though I'm studying Computer Science, I feel that I am equally interested in Music and Astrophysics, so what I've discovered is that pursuing Computer Music and a minor in Astrophysics is my best option! A lot of my interest in science developed in Renaissance College (shout-out to Mr. Hogan and Mr. Levine!), and I definitely feel that high school has a big part to play in what we do later in our lives, even though your path may seem foggy to many of you reading this right now ☺

If any of you reading this come to HKUST and want to get in touch with me, please feel free to contact me, and thanks for reading this!

Philip Hu

Class of 2015

I am currently studying at Syracuse University in Upstate New York. No, it's not New York City. In fact it's a 4-hour drive from there. The campus is beautiful; photos online honestly don't do SU campus any justice. When I first stepped foot on this campus I didn't even recognize this place. I tried recalling what I saw through the videos and pictures during my day to day procrastination rituals, especially during exam weeks, but it wasn't the same. The excitement and anxiousness had been building up the past months, but seeing the real thing did not disappoint me a single bit.

College for some people is about getting the grades and pursuing or starting a career. But this social ideal put on us by our parents is rather an old fashioned way of thinking. College is about rediscovering yourself and re-evaluating your position in life. As philosophical as it sounds (pun intended), it could be as simple as taking a class in the subject area which you thought you hated all your life. I'm currently taking a class



called living in multicultural society and it is by far the most interesting and informative class I've ever taken, even over the classes intended for my major, Kinesiology and Exercise Science. Science has been, for the most part, my core interest in high school academics and I'm not even gonna lie, I really didn't enjoy any of the humanities subjects. But ever since I started taking this class, I learned more and more about the society we live in and individual's identity. Realizing how arrogant I was to think that humanities is a boring area, it was instead a weakness of mine to not understand it, hence my lack of interest. By doing so, you will meet different people with different interests and backgrounds too. You learn more about different people's ways of thinking, and through that you grow as a person. Don't limit

your own growth by letting yourself believe that you understand yourself, and trust me, no one really understands themselves fully. I guess to summarize what I'm saying, get out of your comfort zone! You've heard it time and time again, but college is really the time to do so in order to really maximize the experience, so get out of your comfort zone! There are more things to do in college than ever, even at SU where there's virtually nothing around the campus. For the seniors of RCHK, you guys are all in for a treat. The end of high school is just the beginning of something even bigger and better. With every door that closes, a new one opens! Enjoy the remainder of your time left in high school, it goes by real quick. Start getting out of your comfort zone and experiment with it a little bit, so it's easier to do so when the time comes. Hope you guys are all doing well and excited for what's ahead! Good luck and keep up with the hard work in IB.

BIG PICTURE
Year 7 Science Expo



BIG PICTURE
Book and Languages Week



